

THE POWER OF 5

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**5 DAYS,
5 FEARS,
5 BREAKTHROUGHS**



Overcoming the Fear of Failure

1. List 5 reasons why you are afraid of failing:

①

②

③

④

⑤

2. List 5 real life situations that prove the above fears are true:

①

②

③

④

⑤

Understanding the Fear of Success

1. List 5 Success Points in your Past/Present life:

①

②

③

④

⑤

2. List 5 skills that you use in the above 5 Success Points:

①

②

③

④

⑤

Pushing through the Fear of the Unknown

1. List 5 things that you started before you were ready

1

2

3

4

5

2. List 5 things you learned AFTER doing each of the 5 things above:

1

2

3

4

5

Conquering the Fear of Abundance

1. List 5 (negative) things you believe will happen if live in abundance:

1

2

3

4

5

2. Now, list five positive things that would happen if you live in abundance:

1

2

3

4

5

Stepping beyond the Fear of Starting

1. List a recent problem you had- big or small- that you solved:

2. List the tools, strategy, plan you used to solve it:

3. Lastly, list the reasons why you, and your family, and future deserve a life of financial freedom, purpose and prosperity:
